



PERFORMING YOUR LIFE

This **three day course** is designed to facilitate the process of you creating an original performance piece, based on stories from your own life.

Each one of us has lived a rich and full life. We are able to draw on a wealth of lived experience to create and perform an engaging, powerful and entertaining performance piece, which audiences will love to see and be affected by.

On this workshop, you will be guided through a process which will enable you to gather the different threads, themes and key experiences from your own life and to weave them into a meaningful story. This raw material will then be crafted into a performance piece based on your own strengths and style as a performer, whether it is text, visual images (photos, video), movement, music or a combination of all of these media.

The teacher, **Steve Matthews**, is an experienced actor, director, writer, acting teacher and leadership coach, who

has been on the staff of NIDA, Actors Centre Australia, AFTT and whose work encompasses theatre, film, TV, radio and contemporary performance.

Steve recently completed a practice-led doctorate focused on the genre of solo autobiographical performance. He observed and interviewed numerous professional performers who have created their own solo autobiographical shows, including William Yang, Paul Capsis, William Zappa, Paul Dwyer, Deborah Leiser-Moore and Miriam Margolyes. He also created and performed his own solo autobiographical show, titled '*Can I Come Home Now?*'

This three-day course will be conducted over three weeks and will give you the opportunity to reflect on, workshop and perform stories from your own life. The process will be challenging, illuminating and immensely satisfying, both professionally and personally - and you will walk away confident that you know how to create and perform your own solo autobiographical show.

Dates | Saturday Feb 29 | Sunday Mar 8 | Saturday Mar 21

Time: 10am- 5pm

Venue: St John's Hall, 132 St Johns Rd, Glebe (close to Glebe Point Rd)

Full fee: \$395.00 plus GST (for the three days)

For more information, go to www.stevematthews.com.au
or call Steve: + 61 409039159

To enrol in the course, email Steve at steve@stevematthews.com.au
Limited places, so please book early.

